

Bring these questions to ask your doctor at your next appointment.



Questions for your GP

1. I have _____ symptoms. Could this be ATRIAL FIBRILLATION (AF)?
2. Do I need to take any diagnostic tests?
3. Should I monitor my heart rate with a heart monitoring device?
4. Am I at risk of stroke?
5. When should I go to the emergency room?
6. Do I need to make any lifestyle modifications?
7. What are my treatment options?
8. Should I see a specialist?

If you have been diagnosed with AF

1. What is causing my AF?
2. What can I do to prevent my heart from going into AF?
3. What type of AF do I have (e.g., paroxysmal, persistent, etc.)?
4. Are there any activities I should avoid?
5. Do I need to make any lifestyle modifications?
6. What is my stroke risk?
7. Am I at risk for any other medical conditions?

If your doctor recommends medications

1. What is the purpose of the medication?
2. Why are you recommending this medication?
3. What happens if I don't take the medication?
4. What should I do if I have side effects from the medication?
5. What should I do if the medication doesn't fulfill its purpose?
6. Will medications cure my AF?
7. Can I take these medications with

(insert medication currently prescribed)?

If medications aren't working

1. Are there any alternatives to medication?
2. Am I a good candidate for a catheter ablation procedure?
3. Can you refer me to an electrophysiologist?



For more **PATIENT RESOURCES** related to **Atrial Fibrillation**, please visit [GETSMARTABOUTAFIB.EU](https://www.getsmartaboutafib.eu)