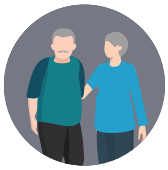


Coronavirus information for AF patients



COVID-19, or the coronavirus, is a highly contagious, novel virus spreading rapidly around the world.

Who is most at risk?



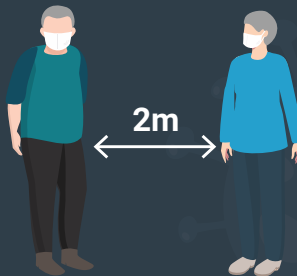
There is limited information regarding risk factors but based on currently available information and clinical expertise, **older adults** and people of any age who have **serious underlying medical conditions**, may be at higher risk for severe illness from COVID-19¹.

6 things to do to help prevent the spread of COVID-19

The best way to prevent illness is to avoid being exposed to this virus.



Stay home except to get medical care



If you do go out, **wear a face mask** and stay **2 meters away** from others



Wash your hands often with soap and warm water for **20 seconds**



Avoid touching **your face**



Disinfect all **"high-touch"** surfaces everyday



Monitor your **symptoms**

What should you do if you feel sick?

Consider your symptoms and seek medical care as needed.



Feeling **mild** symptoms of COVID-19

Common symptoms include²:

- Cough
- Fever
- Shortness of breath



Stay at home and call your doctor

immediately to let them know about your symptoms. Follow your doctor's recommendations and be sure to isolate yourself from others in your home and do not go out.

Feeling **severe** symptoms of COVID-19

Severe symptoms of COVID-19 include²:

- Difficulty breathing
- Persistent pain or pressure in the chest
- New confusion or inability to arouse
- Bluish lips or face



Call the emergency number for your country.

Do not drive yourself to the hospital. Emergency personnel are following sanitisation protocols to ensure safety for themselves and patients.

Feeling symptoms of **AF**

- Have had them before and your symptoms are recognizable.

Follow your normal treatment regimen, whether that's taking medications or eliminating the trigger that caused your AF. Call your doctor if you need medications or medical advice.



- If you believe you are having an AF episode for the first time.

Call your doctor immediately to discuss your symptoms. In lieu of going to the doctor's office or hospital, telemedicine may be an option available to you.

- If you are feeling severe symptoms of AF, call the emergency number for your country.

Feeling symptoms of a **stroke**



Call the emergency number for your country. If you are feeling any symptoms of a stroke, it is important you call the emergency number for your country and seek treatment immediately. Symptoms of a stroke include³:



- Sudden numbness or weakness in the face, arm, or leg, especially on one side of the body



- Sudden confusion, trouble speaking, or difficulty understanding speech



- Sudden loss of vision



- Sudden trouble walking, dizziness, loss of balance, or lack of coordination

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This publication is not intended for distribution outside of the EMEA region.

1. People Who Are at Higher Risk for Severe Illness. Center for Diseases Control and Prevention website.

<https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk.html>. Updated April 15, 2020. Accessed April 16, 2020.

2. What to Do If You Are Sick. Center for Diseases Control and Prevention website. <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>. Updated April 13, 2020. Accessed April 16, 2020.

3. Stroke Symptoms. American Heart Association website. <https://www.stroke.org/en/about-stroke/stroke-symptoms>. Accessed April 16, 2020.

The information featured here is not intended as medical advice, or to be used for medical diagnosis or treatment. Please talk to your doctor if you have any questions.

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